

Hello, Parents & Children!



This activity aims to create awareness, of Singapore's current crisis and recognize who are the frontliners helping to keep the situation under control, such as doctors, nurses and police officers. So parents, let's talk to our children about these 'Superheroes', shall we?

Friends, now that Mummy and Daddy have talked to you about the frontliners, how do you feel? Do you feel thankful to them for keep Singapore safe?

Shall we make something to thank them?

I know! Let's make a medal using recycled materials found at home!

A medal is given to people to honour them for what they have done for the country, so let's make them for our frontliners.

Then, let's have Mummy and Daddy pretend to be frontliners so that we can tell them what we are thankful to them for and present our medals to them!

Let's go!







What materials do we need to make the medal?

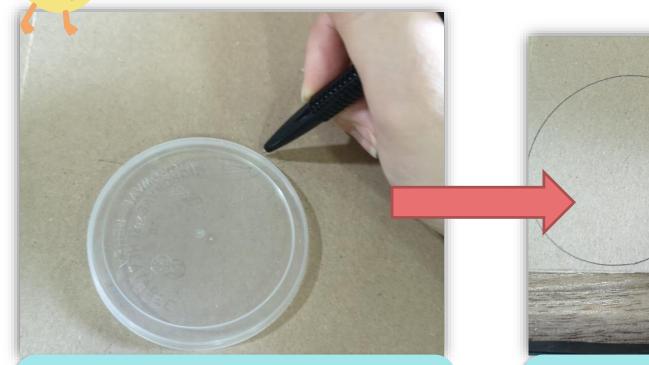
Recycled materials found at home!



- Cardboard material paper (You may cut out a small part from a cereal box)
- 2. Double-sided tape or scotch tape
- 3. Scissors
- 4. Colourful straws
- 5. Coloured markers
- 6. Pencil
- 7. Round container lid





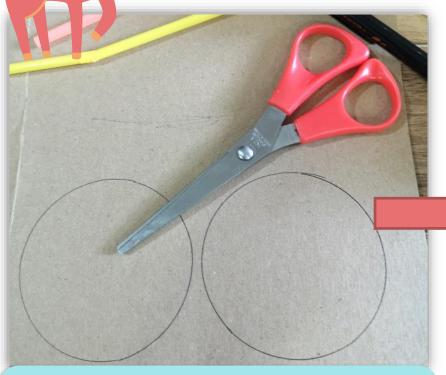


Trace the circular outline of the lid using a pencil



Making A Medal





Cut the circles using a pair of scissors



2 circle cut-outs

Making A Medal





Write 'Thank You, (Frontliner)' on one circle cut-out using coloured markers



Decorate using coloured markers

Making A Medal





Write 'From: (Your Name)' on the 2nd circular cut-out



Decorate using coloured markers

Making A Medal





Paste a double-sided tape behind a circle cut-out you have decorated



Stick both circle cut-outs together to form one circle

Making A Medal





Poke a hole at the top, in the middle

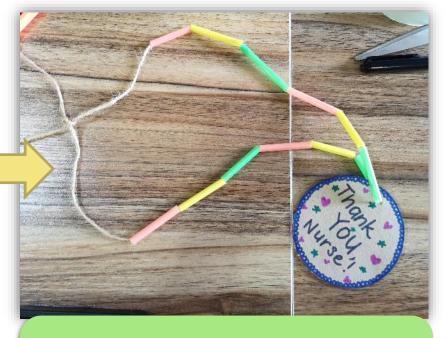


Put a string through the hole

Making A Medal







Cut the colourful straws into smaller bits

Put the straws through the string

Final Step

A Medal For You, Thank You!







Tie a knot at the end of the string. Hooray, your medal is ready!

